**Forsyth Central High School**

**Senior Student Information Sheet**

**Directions:**

1. In the upper left-hand corner of this document, click download.
2. Complete the student information sheet in its entirety and save the file as a **.pdf.**
3. **Email** the completed PDF student information sheet to your Counselor (emails provided below).

**Remember, counselors and teachers require three weeks-notice for letters of recommendation to be completed.**

**Counselor Caseloads by Student Last Name:**

A-Cru: Kristy Duhon - cduhon@forsyth.k12.ga.us

Cu-H: Kathy Harrell - kaharrell@forsyth.k12.ga.us

I - Mol Victoria Adeleke- vadeleke@forsyth.k12.ga.us

Mom- Sap: Leslie Flath - lflath@forsyth.k12.ga.us

Saq-Z Emily Dempsey- edempsey@forsyth.k12.ga.us

ESOL, Lead Counselor: Andrea Katz - akatz76@forsyth.k12.ga.us

**Last Name**: **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ First Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Student ID: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Phone Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Email Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

List any colleges/universities you are considering and what they offer that makes them attractive to you.

What are your post-high school plans? (include what you want to study, where you plan to work, etc.)

What do you want my letter to tell colleges about you? What is important for them to know?

Are there any aspects of your transcript that you would like the counselor’s letter to address? This includes special circumstances affecting grades or test scores.

What are three unique words that describe you and why? Give Examples.

Please write a short general statement about your strengths (both personal and academic):

Life's obstacles allow us to grow. Describe an obstacle and its maturing effect on you academically, physically, and/or personally:

Describe an incident in which you demonstrated strong character (loyalty, integrity, self-discipline, kindness, commitment to high ideals, caring for others, respect for diversity, etc.). Think outside the box - not just “cheating is not the answer.”

If you had a motto or quote to live by, what would it be and why?

**EXTRACURRICULAR & PERSONAL ACTIVITIES:**

Provide information on both **school-related and non-school related activities** during your high school years. This might include clubs, teams, community organizations, volunteer service, summer studies, travel, or work experience.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| School Activity | Positions held / Honors won / Contributions made | Hours / week | Years of participation | | | |
| 9 | 10 | 11 | 12 |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Non- School Activity | Positions held / Honors won / Contributions made | Hours / week | Years of participation | | | |
| 9 | 10 | 11 | 12 |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |